

ABCs to help you get going
in your TWF

- **A**ccountability
- **B**e real with God!
- **C**reate a plan

What to include in your plan?

- What time will you start?
- Where will you get alone with God?
- What items to have with me?
- How am I going to spend the time?

*When you're alone with God,
what do you do?*

- Worship
- Word of God
- Prayer
- Listening

Worship

- Thankfulness
 - Write, "Thank You God for..." in your journal
 - Get to at least 10 things
- Declare who God is
 - Write, "God, You are..." in your journal
 - Get to at least 10 attributes of God's character
- Read your lists out loud to God
- Worship via song

Word of God

- Read Psalm 145 all the way through once
- Read it again, slower. Write your answer to these 4 questions in your journal:
 - What is the context of this passage?
 - Who wrote it? To who? What seems to be the main intent?
 - What does this teach me about God's character?
 - What specifically spoke to my heart?
 - Write down the specific verse and a short prayer
 - What can I practically apply today/this week from this passage?

Prayer

- **Pray over yourself**
 - What kind of man/woman do you want to be? (fruit of Spirit/Greatest Commandment)
- **Pray for those closest to you**
 - Your family, roommates, close friends, etc.
- **Pray for our church**
 - For people by name, overall health/strength/fruitfulness
- **Pray for those you know personally that don't have a relationship with Jesus**
 - Family members, co-workers, neighbors, etc.
- **Pray for revival in NWA**
 - Outpouring of God's Spirit, salvation of the lost, strengthening of other churches

Listening

- Write down what comes to your mind after asking God the following questions...
 - Father, who do You say that I am?
 - Jesus, what do I need to know as I go about my day today?
 - Lord, what do You want to speak over _____ going on in my life?
 - Ask Him about the thing that's taking up most of your thoughts

Bonus

- “Fill me up” Lord
 - Ask the Lord to fill you with His Spirit & power today
 - Put to death your flesh
- **Declarations**
 - This is Your day Lord (Ps. 118:24)
 - No weapon formed against me shall prosper (Is. 54:17)
 - I have victory & authority over the devil (Lk 10:19)
 - You love me, are for me, and are with me today (Rom. 8)