

THE GREATEST COMMANDMENT

“And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.” Mark 12:30

HEART

Desires, affections, passions

Prayer: “Lord, let my heart burn with love, desire, and passion for You. Forever be my First Love.” (Lk. 24:32) (Rev. 2:4-5) (Psalm 73:25)

Action: Spend “time with Jesus” everyday this week for 30 min {worship, word, prayer, listening}

SOUL

Will, ambitions, life-trajectory, very essence of your being

Prayer: “Oh, God, help me surrender my will to You, over and over again. You are the very reason I am alive. I wouldn’t exist without You. I am Yours Lord!” (Lk. 22:42)(Mk. 8:34-37)

Action: Spend extended time in worship more than once this week.

MIND

Thoughts, imaginations, mindsets, meditations

Prayer: “God, I submit my mind to You. Help me set my mind on You by “taking captive” the negative and meditating on You & Your truth.” (Rom. 8:5-6) (2 Cor. 10:3-5) (Phil. 4:6-10)

Action: Talk to God and write down what you want your relationship with Him to look like 5-10 years from now. Also, turn off your phone/media devices one day this week.

STRENGTH

Actions, words, time, money, energy

Prayer: “Jesus, help me intentionally honor You with my giving, speaking, fasting, praying, and serving. Help me do these consistently and unto You, not other people.” (Matthew 5-7) (Phil. 4:14-19) (Prov. 18:21)

Action: Refuse to speak negatively about someone this week; sign up for recurring online giving; join the fast next week; volunteer to serve on Sundays